

Enhancing Healthcare through Theatre and Expressive Arts

We aim to collaborate with medical & dental healthcare professionals to create impactful, experiential initiatives that address the emotional, psychological, and communication needs of doctors, nurses, patients, caregivers and communities

A Dentmed Initiative

DentMedTM
Private Limited

Why Theatre and Arts?

- ▶ Experiential
- ▶ Self Reflective
- ▶ Safe and non-judgmental space



Broad Areas of Impact

For Care givers and/or Care receivers

- Longer term, recurring (weekly/bi-weekly/monthly) engagements that use tools of Theatre and Expressive Arts
- The engagements can include:
 - Listening Hours
 - Self care sessions
 - Stress Busters

A Dentmed Initiative

DentMed

For Healthcare professionals

- Workshops and performative engagements using tools of Applied Theatre and Improvisation.
- The workshops can focus on:
 - Communication
 - Collaboration
 - Burn out and Fatigue

For Caregivers and/or Care receivers

- **Expressive Arts sessions** to find a space for emotional expression, to release pent-up emotions, and to build resilience.
- **Listening Hours** to articulate authentic feelings (frustration, guilt, fear etc.)
- **Applied Theatre workshops** to de-stress and to engage the mind in creative ways.
- **Applied Theatre interactive engagements** like Playback Theatre to have a sense of community among people with shared experiences.
- (For care receivers) Utilize **Expressive Arts endeavors** - creation of art, story telling, journaling etc. - as a means of representing their legacy, thus giving their lives a lot of meaning.

For Healthcare professionals – Support for Hospitals

Bringing healing and connection through regular Applied Theatre and Expressive Arts sessions at cancer hospitals and other hospitals, involving:

- **Listening Hours:** Safe spaces for doctors, nurses, patients, and caregivers to share experiences and feelings.
- **Expressive Art Sessions:** Opportunities for creative expression to release stress, foster resilience, and build emotional support networks.

Impact: Fosters mental well-being for healthcare workers and patients by providing emotional outlets in high-stress environments.



Applied Theatre Workshops for Healthcare Professionals

Interactive workshops tailored to healthcare environments, focusing on:

- **Effective Communication:** Navigating difficult conversations with patients and families.
- **Collaboration Under Stress:** Building teamwork skills to maintain efficiency and compassion in high-pressure situations.

Impact: Improves doctor-patient relationships and enhances collaboration among medical teams, especially during crisis management.



Other Applications – Playback Theatre: Transforming Conferences

- Unique, immersive Playback Theatre performances designed for medical conferences:
- Tailored to the conference theme for maximum relevance
- Can serve as an engaging **kick-off** to align participants with the event's objectives
- Or as a **closing performance** to reflect on key takeaways and look ahead to future steps

Impact:

Transforms traditional conferences by fostering deeper connection, reflection, and collective learning among healthcare professionals.



Crossing Over : A Theatre Journey on End-of-Life Care

- Play that explores the sensitive and deeply human aspects of end-of-life care.
- Designed for hospitals, medical colleges, and healthcare conferences
- Sparks meaningful discussions about dignity, empathy, and patient-centered care
- A powerful tool for medical professionals to reflect on their roles in end-of-life scenarios

Impact:

Encourages compassionate communication and understanding around a critical, often overlooked, part of healthcare.



Partner with Us to Make an Impact

We invite you to collaborate with us to bring these initiatives to life in hospitals, medical, dental, ayurved, institutions, and conferences. Together, we can foster a more compassionate, communicative, and emotionally aware healthcare system.

www.dentmed.co.in

contact@dentmed.co.in

www.ayumed.co.in

contact@ayumed.co.in

kpeditor215@gmail.com

Mob.: 9987058369

